

Physical Education, School Sport  
&  
The Sport Premium Funding Action Plan

2021-2024

**Allendale Primary School**

Working in partnership with  
Tynedale PE & School Sport Programme

## **PE Vision Statement**

Our aim is to provide all children with the opportunity to take part in high-quality P.E. and sport both during P.E. lessons and through after school extra-curricular activities. We encourage them to become independently active by developing their confidence and competence in the physical skills outlined in the National Curriculum. Children at Allendale Primary School will have the opportunity to compete in termly inter-school competition and also to take part in a range of intra-school competitive events. Our P.E. and sport is accessible to **ALL** pupils.

## **PHYSICAL EDUCATION IN THE NATIONAL CURRICULUM**

The Government believes that two hours of physical activity a week through both Curriculum time and extra-curricular activity should be an aspiration for all schools. Competitive games are compulsory, although it is for schools to choose how to organise the curriculum to include the programmes of study.

### **Physical Education**

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

### **Aims**

At Allendale Primary School we aim to offer a programme which offers every child the opportunity to access exciting and challenging activities to help them develop their own sporting potential and improve their health and wellbeing. We organise and run competitive sports activities within our school and also enter a range of inter-school sports competitions.

Allendale Primary School has very good sporting facilities. The school and community sports hall is managed by the 'Sports Hall committee'. This committee includes; Deputy Headteacher, school governors, parents and members of the local sporting clubs. Governors take an active role in supporting and providing local sports activities for the pupils both within the curriculum, after-school and older-age school sports clubs.

### **The main guiding principles behind this action plan:**

Guiding principles which have been considered when putting this action plan together and deciding how to allocate the primary school funding:

- Consider the overall PE and sport provision across the school with respect to all pupils.

- Identify how best to maximise the impact of PE, physical activity and competitive school sport on young people and school standards. This may include targeting of specific pupils e.g. using PE and sport as a vehicle to develop numeracy and literacy.
- Embed the investment within the school development plan to ensure that there is a strategy for the development of teacher confidence and competence in PE and wider outcomes for young people.
- Build on the generic teaching skills of the classroom teachers, giving professional development opportunities, and therefore further expertise, in how to develop physical literacy and the breadth of learning that comprises physical education.
- Identify a subject coordinator for PE and sport.
- Work collaboratively with other schools to develop a creative and higher quality provision.
- Develop physical literacy by focusing on pupils' fundamental movements, then generic sport skills and ultimately small-sided games.
- Use qualified and suitably trained coaches to improve the quality and range of school sport offered to enrich the curriculum (but not replace it).

### **Action Plan**

During the summer term 2022 we will consider the following questions: (Using the YST review toolkit) emerging/established/embedded

<http://www.youthsporttrust.org>

1. Does our school have a vision for PE and school sport?
2. Does our PE and sport provision contribute to overall school improvement?
3. Do we have strong leadership and management of PE (and school sport)?
4. Do we provide a broad, rich and engaging PE curriculum?
5. How good is the teaching and learning of PE in our school?
6. Are we providing high quality outcomes for young people through PE and school sport?
7. Are we providing a rich, varied and inclusive school sport offer as an extension of the curriculum?
8. Are all pupils provided with a range of opportunities to be physically active and do they understand how physical activity can help them adopt a healthy and active lifestyle?

This is a live document so subject to updates and changes.

## Action Plan and Budget Tracking

Academic Year 2022-23		Allocation £16,990	Date Updated November 2022	
Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity. The Chief Medical Officers guidelines recommend that schoolchildren undertake at least 30 minutes of physical activity a day at school.				
Intent	Implementation:	Funding allocated:	Impact / Evidence	Next steps
The engagement of all children in regular physical activity- kick starting healthy lifestyles.	Pupils to experience a wide range of sporting opportunities.	£1000 specialist coaches	Specialist coaches for golf and cricket currently working in school. Extra curricula tennis, netball and gymnastics. Pupils joining out of school clubs	
	APS to promote an enjoyment of physical activity through structured curriculum time, playtimes and enrichment activities.	£0	OPAL programme has impacted on activity levels at playtimes and development of social skills and values.	
	Continue to promote use of bikes and scooters at break/lunchtimes.	£600 Scooter and cycle training	Scooter and cycle riding popular. Children develop the ability to risk assess as very few accidents.	
	Equipment audit and order equipment needed for PE activities.	£1000	Ordered new tennis and high jump stands to enhance provision.Wide range of equipment at school to facilitate a broad offer.	
	Tailor our PE curriculum and delivery to promote enjoyment and participation	£0		

	CPD through working with expert coaches to ensure teacher confidence teaching new sports.	£0		
	Train Y6, (& Y5) pupils to become peer leaders to promote active lunchtimes and develop leadership qualities and character.	£250	All Y6 have been trained as peer leaders and run lunchtime clubs for the younger pupils. They show responsibility and leadership qualities.	
	Peer leaders to take on leadership roles within school and at events hosted at APS to develop character			
	Continue to promote healthy lifestyles through education and opportunities to make healthy choices in school e.g. active break times.	£0	Pupils have shown in PSHE and Science curriculum that they have a good knowledge and understanding of how to be healthy and the importance of physical activity.	
	Promote active, healthy lifestyles through focus on annual Health Week.	£200		
	Purchase new play equipment to encourage active break times.	£250	Pupil voice used to evaluate successful activities at break and how to develop provision.	
	Continue to build education on healthy lifestyles into the curriculum through cross curricular links.	£0		
	We will offer a range of extra-curricular sports opportunities for our pupils through internal and external coaches / provision.	£600		

	<p>We will provide extra-curricular clubs for EYFS and KS1 as identified through pupil voice.</p> <p>Explore options to deliver Yoga sessions to foster mindfulness and calm in line with our Behaviour programme. Investigate Yoga Buds.</p> <p>Target Non Swimmers in UKS2 in order for them to learn to swim. (Swimming was postponed in Jan 2022 due to covid - rebooked for 2023)</p> <p>All pupils to take part in termly intra school competitions.</p> <p>Organise and host inter school sporting competitions.</p> <p>Pupils to compete in inter school competitions in other settings.</p> <p>Y4 - Y6 pupils have the opportunity to experience outdoor adventurous residential with specialist instructors.</p> <p>Promote parental and pupil engagement with Walk to School Week / Month and Bike Week</p>	<p>£50 Certificates and equipment for participation</p> <p>£600</p> <p>£3000 Some income will be received through voluntary contributions towards transport.</p> <p>£100 Certificates / stickers</p> <p>£500</p> <p>£3000 Transport and any entry / registration fees.</p> <p>£6660 Income received £5500.</p> <p>£400 scooter and cycle storage.</p>	<p>Y4 - Y6 pupils attended 3 day residential at Wastwater. Some developed resilience in overcoming being homesick and trying new activities such as canoeing and ghyll scrambling.</p> <p>Using Travel tracker data we can see that the % of pupils cycling and scooting to school has increased by 16% in the last 3 years.</p>	
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Key Indicator 2: The profile of PESSPA, (Physical Education, School Sport and Physical Education), being raised across the school as a tool for whole school improvement.

Intent	Implementation	Funding	Impact	Next Steps
The profile of PE and sports being raised across the school as a tool for whole school improvement.	<p>Maintain School Games Gold Kitemark</p> <p>Teach school values as part of PE curriculum and expectation of pupil attitude in inter school / intra school sports events.</p> <p>Instil sense of pride in pupils in representing the school in sporting competitions.</p> <p>Share activities, events and achievements.</p> <p>Celebrate participation in events on social media, school website and in assemblies.</p> <p>Celebrate participation and success through certificates, medals, stickers etc.</p> <p>House Competitions to held and trophy awarded to winning house.</p> <p>Display awards and trophies prominently to celebrate and inspire.</p> <p>Display range of sports in Sports Hall to share with the community.</p>	<p>£500 supply cover</p> <p>£0</p> <p>£0</p> <p>£0</p> <p>£0</p> <p>£100</p> <p>Included above</p> <p>£0</p> <p>£0</p>	<p>School meets criteria for Gold School Games Award, demonstrating range and quality of provision and participation.</p> <p>School values developed in all pupils and expectations made clear throughout all areas of school life. Sporting attitude displayed in activities.</p> <p>Pupils proud of representing school.</p> <p>Use of School facebook , emails to parents and class facebook pages.</p> <p>As above</p> <p>Pupils presented with certificates proud to receive them in assembly or at the culmination of events.</p> <p>As above</p> <p>Community has the opportunity to see a range of sports on offer to promote the school.</p>	

Key Indicator 3: Increased confidence, knowledge and skills in all staff in teaching PE and Sport

Increased confidence, knowledge and skills of staff to ensure the quality of PE is consistently good or higher across the school.	<p>PE Coordinator to audit provision across the school.</p> <p>PE Co-ordinator to monitor PE provision across school</p> <p>Skills progression clearly matched against long term plan for PE.</p> <p>Qualified specialist coaches provide CPD for staff to develop confidence in teaching high quality PE.</p>	<p>£250 Supply cover</p> <p>£250 Supply cover</p> <p>£500 Supply cover</p>	<p>Staff deliver high quality PE lessons, monitored by PE Co-ordinator / HT / Governor.</p> <p>Children can articulate their enjoyment of physical activities as evidenced through pupil voice and participation.</p>	

Key Indicator 4: Broader experience of a range of sports offered to all pupils.

Intent	Implementation	Cost	Impact	Next Steps
To offer a wide range of sporting / physical activities which engage all pupils.	<p>Ensure wide coverage of sports offered to pupils</p> <p>Use Pupil Voice to develop and deliver extra curricula activities.</p> <p>Analyse register of pupils attending extra curricula clubs and identify those not engaged / hard to reach. Use pupil voice to engage pupils.</p> <p>Track inclusion of SEND and vulnerable pupils.</p> <p>Use peer leaders to organise and run sports clubs.</p>	<p>Coordinator time</p> <p>£0</p> <p>£0</p> <p>£0</p> <p>£0</p>	<p>Pupils able to develop interests in new activities, e.g dance, golf. Join out of school clubs.</p> <p>Peer leaders gain the confidence and skills to deliver activities for younger</p>	



	<p>Cycle Training for Y4 - Y6</p> <p>Learn to Ride Training Y2 - Y3</p> <p>Scooter Training R - Y1</p> <p>Links with local sports clubs. Promote activities and clubs available.</p> <p>Deliver ad hoc sporting or physical activity workshops to target pupil participation and enjoyment. e.e Hoopstarz</p>	<p>£0</p> <p>Costed above</p> <p>£0</p> <p>£1000</p>	<p>pupils and take on roles of responsibility</p> <p>Pupils able to assess risk at playtimes when bikes and scooters available. Minimal accidents as they have been taught safe usage.</p>	
Key Indicator 5: Increased participation in competitive sport.				
Increased participation in competitive sports across school.	<p>All pupils take part in level 1 competitions within school.</p> <p>Individuals and teams represent school in level 2 competitions.</p> <p>Talented pupils are encouraged to pursue their talent in sporting activities.</p> <p>Celebrate sporting achievements of pupils in and outside of school.</p> <p>Links with local sports clubs.</p>	<p>£0</p> <p>£2000 Transport costs</p> <p>£0</p> <p>£0</p> <p>£0</p>	<p>All pupils develop their sporting skills through intra school house competitions.</p> <p>Pupils are proud to achieve in level 2 competitions such as cross country, athletics and celebrate achievement.</p> <p>Pupils go on to join local sports clubs such as football, golf, netball.</p>	

Swimming Data:

Meeting national curriculum requirements for swimming and water safety	%
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your children may swim in another year, please report on their attainment on leaving primary school.</p>	70%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	70%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	70%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	<p>Yes</p> <p>Transport to swimming although offset by voluntary contributions.</p>